

# PEERPOCALYPSE

MAY 8TH - 11TH, 2023

**apocalypse** (Ancient Greek: ἀποκάλυψις *apocalýpsis*, from ἀπό and καλύπτω)  
A disclosure of knowledge, hidden from humanity in an era dominated by  
falsehood and misconception, i.e., a lifting of the veil or revelation.

## HONORING VOICE, CHOICE, AND CULTURE

# Welcome to the 10th Annual Peerpocalypse Conference

My name is Janie Gullickson, Executive Director of the Mental Health & Addiction Association of Oregon (MHA AO), and on behalf of MHA AO's staff, board of directors, and the 2023 Peerpocalypse planning committee, thank you for joining us to celebrate 10 years of Peerpocalypse!

This year's theme is Voice, Choice and Culture! Three things that could easily be a conference theme on their own but are so intertwined...why try and tease them apart?! From its inception, the whole point of Peerpocalypse has been for you to share what matters to you; to create a platform where your voice is heard and YOU get to experience the power of your voice! Your voice reveals your choices! Your culture, in all its multifaceted richness, is what makes this conference beautiful! We look forward to getting to know YOU!



Thank you for bringing your whole self to this 10th year anniversary celebration!

**MHA AO thanks the planning committee members and staff who make Peerpocalypse happen every year, with special thanks in 2023 to:**

**Braunwynn Franklin  
Deena Feldes  
Deirdra Hepler  
Fernando Peña  
Fletcher Nash  
Gabrielle Buckner  
Jennifer Padron  
Jim Wikel  
Kathryn Leonardi  
Kevin Fitts  
Kimberly Marquez-Cortes  
Michael Hlebechuk  
Sabrina Garcia  
Sam Marcus  
Stephanie Cameron  
Steven Manesis**

**Chloe Safar  
Dan Telgarsky  
Diana Aleman  
Emily Nelson  
Janie Gullickson  
Jill Elwell  
Max Day  
Nicole Maupin  
Nicole Thompson  
Rachelle Ross  
Scott Tidmore  
Sunny Briscoe  
Terry Leckron-Myers  
Tonya Jones**

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# PEERPOCALYPSE

MAY 8TH - 11TH, 2023

## CEU TRACKING FORM

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

This tracking form is a tool to help you log which workshops you attend during the Peerpocalypse Conference. Mental Health & Addiction Association of Oregon is required to keep a record on file in case audited by a credentialing authority. To submit, please complete the CEU Request Form found at <https://www.mhaoforegon.org/peerpocalypse-ceu> and upload a copy of your tracking sheet at the link provided via email. Once submitted, you should receive a copy of your *Certificate of Attendance* via email. If you do not receive a copy, please check your spam folder. If you still do not receive your certificate, please email [peerpocalypse@mhaoforegon.org](mailto:peerpocalypse@mhaoforegon.org) to request a copy be resent.

SESSION	Date & Time	HOURS
EXAMPLE: Peer Support 101	3/14/2022 10:00am - 11:00am	1
1.		
2.		
3.		
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9.		
10.		
11.		

# Healthcare for absolutely everyone



True support stems from understanding, free from judgment or agenda. At CareOregon, we are proud to walk alongside MHAHO as you empower others on their path to recovery.

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# PEERPOCALYPSE 2023 SCHEDULE AT-A-GLANCE

## Monday, May 8th

8:00 AM - 8:30 AM	Zumba
8:30 AM - 5:15 PM	Registration & Help Desk Open
10:30 AM - 12:00 PM	Opening Ceremony Brunch- Kevin Fitts Drum Ceremony - Wellbriety Janie/Tonya - MHA AO Paola del Vecchio - SAMSHA Ebony Sloan Clarke - OHA
12:00 PM - 1:00 PM	Art Mindset - Kasey Marsh
1:00 PM - 2:30 PM	Concurrent Workshops - Ethics 1 (English and Spanish)
3:00 PM - 4:30 PM	Concurrent Workshops - Ethics 2 (English)
5:30 PM - 7:00 PM	<b>Keynote Dinner - Andrea Alexander</b>
7:00 PM - 8:00 PM	Recovery Meetings
8:00 PM - 10:00 PM	Evening Events: Screening - Tipping the Pain Scale with Joseph Green

## Tuesday, May 9th

8:30 AM - 5:15 PM	Registration & Help Desk Open
8:30 AM - 9:30 AM	Yoga with Kasey
9:00 AM - 9:30 AM	Grounding/Breathing Group - Kate Hill
9:30 AM - 11:00 AM	Concurrent Workshops - Ethics 2 (Spanish)
11:30 AM - 12:30 PM	Art Mindset - Kasey Marsh
1:00 PM - 2:30 PM	Concurrent Workshops - Ethics 3 (English and Spanish)
3:00 PM - 4:30 PM	Concurrent Workshops - Ethics 4 (English and Spanish)
5:30 PM - 7:00 PM	<b>Keynote Dinner - Jamie Works-Wright</b>
7:00 PM - 8:00 PM	Recovery Meetings
8:00 PM to 10:00 PM	Evening Events: Peerpocalypse Got Talent (Hosted by Joseph Green)

## Wednesday, May 10th

8:00 AM - 8:30 AM	Zumba
8:30 AM - 5:15 PM	Registration & Help Desk Open
8:30 AM - 9:30 AM	Yoga with Kasey
9:00 AM - 9:30 AM	Grounding/Breathing Group - Kate Hill
9:30 AM - 11:00 AM	Concurrent Workshops
11:30 AM - 1:00 PM	<b>Keynote Lunch - Kells Perry</b>
1:30 PM - 3:00 PM	Concurrent Workshops

**Wednesday, May 10th (cont..)**

3:30 PM - 5:00 PM

Concurrent Events:

Peer Employment Expo - Job Fair  
OCAC Presentation  
From Prisons to Communities: Confronting re-entry challenges and social inequality - Workshop  
Round Table - Commitment to Change: Civil Commitment in Oregon  
Recovery Meetings  
Hearing Voices Group with Kate Hill  
Evening Event: Mad Hatter Dance Party

7:00 PM - 8:00 PM

7:00 PM - 8:00 PM

8:00 PM - 10:00PM

**Thursday, May 11th**

8:00 AM - 8:30 AM

Zumba

8:30 AM - 5:15 PM

Registration & Help Desk Open

9:00 AM - 9:30 AM

Grounding/Breathing Group - Kate Hill

9:30 AM - 11:00 AM

Concurrent Workshops

11:30 AM - 1:00 PM

**Keynote Lunch - Matt Taufetee**

1:30 PM - 3:00 PM

Concurrent Workshops

3:30 PM - 5:00 PM

Concurrent Workshops



*Recovering from a life that's unpredictable...*

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503.435.1717

**NEWBERG**  
1505 E Portland Rd.  
503.538.7652

## Conference Confidentiality & Comfort/Discomfort Agreements

Some workshops are being recorded via Zoom. If a workshop is recorded, the Virtual Host will be sure to announce that at the beginning of the workshop, at which time if you do not wish to be visible on the recording you can turn your camera off. Please note that names also could be viewable by other participants and seen on the recording. If you do not want to disclose your name, feel free to change your name.

Normally, comfort/discomfort agreements would be determined by the collective group, but because of our unique platform, we have predetermined a few. If you feel we should add an agreement, please use the chat to share.



*Lean into discomfort.*



*Take care of yourself.*



*Be respectful.*



*Curiosity over judgement.*



*If you can, listen actively*

### Animals at Peerpocalypse

The Seaside Civic & Convention Center (SCCC) policy requires that only trained service dogs / service dogs in training, as defined by the Americans with Disabilities Act, and animals that are an integral part of the approved show are permitted in the building. The Americans with Disabilities Act (ADA) defines a service animal as a dog that is individually trained to do work or perform tasks for the benefit of a person with a disability. Dogs or therapy animals whose function is to provide comfort or emotional support do not qualify as service animals according to the ADA, even with a doctor's note. Service animals must be under the control of the individual at all times and must be housebroken.

### Smoking at Peerpocalypse

Smoking policy according to the convention center:

Smoking and e-cigarettes are strictly prohibited inside the SCCC and within 15 feet of all entrance and exit points. A designated smoking area will be determined for all ticketed events.

For Peerpocalypse, we have a designated smoking area - a tent - on the east side of the convention center. Please utilize this area for all tobacco smoking and vaping.

### Photography/Videography at Peerpocalypse

Please be considerate of those who may not wish to be included by asking for consent before snapping a picture. MHA AO will have a staff photographer taking candid photos and videos in the public areas of the conference only. Workshop rooms, recovery meetings, the wellness/sensory room, and the mothers'/children's room are private spaces and we ask that you refrain from taking any photos, videos, or sound recordings in these spaces.



## Keynote Speakers

### Andrea Alexander



Andrea Alexander is Sweet Potato Clan and Nurcup Harjo Band of the Seminole Nation of Oklahoma and currently lives in Oklahoma.

She has over 15 years of experience in implementing White Bisons Medicine Wheel and 12 Steps in her Oklahoma community. She is trained and certified in Wellbriety Celebrating Families, Medicine Wheel & 12 Steps, Mending Broken Hearts and Warrior Down curriculums. She has provided training and consultation to tribal communities, state and private prisons, treatment centers, governmental agencies, and the recovery community at large.

She has a Bachelor of Arts - Sociology with a Substance Abuse Studies option - University of Central Oklahoma and an Associate in Applied Science-Alcohol & Substance Abuse Counseling - Oklahoma State University - OKC. Currently she is enjoying focusing on the Wellbriety model of healing, therefore she is proud to be a trainer for White Bison.

### Jamie Works-Wright



Jamie Works-Wright is an advocate for wellness and recovery in the mental health community. During her college freshmen year she experienced her first mental health challenge and was led to seek support and face a lot of self-examination. She attended Long Beach State, California, where she received her BA in Family and Consumer Science with an emphasis on child development and marriage & the family dynamics. She relocated to the Bay Area (Northern California from Southern California in 2007 and changed her profession after witnessing the power of peer support. She moved up in ranks as a Program Manager of a Peer Specialist Training program in Alameda County, where she trained over 200 peer specialists. She currently works in the City of Berkeley as a Community Service Specialist II as the Consumer Liaison, overseeing the Wellness Recovery team. She is a member of the POCC Peers Organizing Community Changes. Jamie has received numerous awards including POCC Employee of the Year, the Mental Health Association of Alameda County Achievement award, recognized by the Honorable Barbara Lee for special congressional recognition and most recently a Certificate of Recognition from the City of Berkeley for outstanding service. Her passion is to empower peers to make a difference in their community by making effective changes in the systems that are designed to provide care. Jamie enjoys traveling, physical activity and spending time with her family.



### **Kells Perry**

Kells is the Director of Peer Support Services at New Narrative and uses their lived experience with mental health, as well as their queer and transgender identity, to support others in navigating systemic barriers. They are working towards a future where peer representation will be seen in every part of our community, and the voices of those most impacted will transform our current paradigm of care.

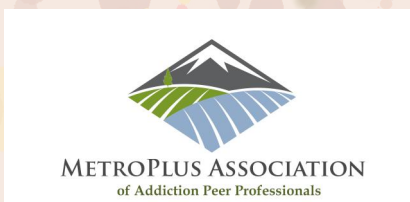


### **Matt Taufetee**

Matt grew up with 5 siblings. His father was a pastor and forced the children to attend church and all of the activities associated with it. He and 3 older siblings were constantly abused at home, and they would harbor all their feelings and emotions. When those other 3 siblings were no longer living, Matt headed down a life of destruction with the hate he hung onto for years.

### **Scholarship Sponsors**

We want Peerocalypse to be accessible to as many Peers as possible. Our scholarship sponsors help make that happen. Thank you very much for supporting the growth of Peer leadership in Oregon and beyond!



# Bridgeway Community Connect

Providing Resources for People in Need

C  MMUNITY

Bridgeway Community Connect provides Peer Delivered Support to all who request services.



**Bridgeway**  
Freedom Through Recovery

## Keynote Emcee

### Kevin Fitts

Kevin Fitts' journey in mental health advocacy and empowering individuals began at the age of 19 when he faced homelessness as a patient in a state hospital. Over the course of thirty years, his dedication has shaped his experiences and contributions to the community.

In 1991, Kevin chaired a pioneering consumer conference, Alternatives in Berkeley, CA, showcasing his collaborative spirit as a psychiatric survivor and peer supporter. He then founded Oregon's first statewide consumer technical assistance program in 1998, leading to him receiving the Governor's Disability Leadership Award in 1999.

As OMHCA's executive director, he promotes consumer voice, choice, peer support, mentoring, and technology to empower individuals with disabilities. Kevin's mission is to build systems that liberate people to shape their destinies together.



## Detailed Schedule of Events

### Monday, May 8th

#### 8am - 8:30am

Zumba - Sand Dollar A&B

#### 8:30am-5:15pm

Registration and Help Desk open

#### 10:30am - 12pm

Opening Ceremony Brunch - Pacific Room

#### 1pm - 2:30pm

#### **Professional Ethics - Part 1 - Seaside A & B**

Emily Nelson, Mental Health & Addiction Association of Oregon

The code of ethics is an agreement and/or contract that behavioral health professionals in the substance use and mental health fields must sign as part of their certification. This training covers MHACBO's Code of Professional Conduct, ethics, boundaries, code of conduct, when ethics and morals collide and various scenarios.

\*CEU's qualify for MHACBO certification requirements. Must complete all four parts.

#### **Ética Profesional en Español - Parte 1 - Seaside C**

Ricardo Verdeguez

Jose Luis Garcia, BA, CADCI, QMHA, PSS, PWS, CRMII, CGRM

El código de ética es un acuerdo y/o un contrato que los profesionales de la salud conductual del áreas de uso de sustancias y salud mental tiene que firmar como parte de su certificación. Este entrenamiento cubre, el lenguaje claro y preciso, que establece cuál es el comportamiento, valores y los principios éticos, qué se espera de los profesionales, pares, mentores y las personas del área clínicas. También hablaremos de cómo nuestra cultura y valores personales pueden impactar el código de ética y de estrategias para asegurarnos que estemos al nivel con los estándares del código de ética.

## **Building a Peer Strategy That Guides Our Work - Necanicum East**

Haven Taylor, PSS/Vice President of Peer Services

Kells Perry, PSS/Director of Peer Services

We will be providing an overview of the Peer Services Strategy work that we are doing with New Narrative to support expansion of Peer Services offerings, elevating and maintaining a peer-centered focus throughout all programming agency-wide.

Workshop outcomes include:

1. Foundational work prior to formation of the Peer Strategy Committee important to success
2. Overview of how we generate ideas, structure meetings, and organize outputs
3. Learnings thus far: What is working? What would we do differently?

## **Storytelling is a Wellness Tool for Connection - Necanicum West**

Mertice "Gitane" Williams

Ruth Gonzales

Crestwood developed creative ways to foster Community Support and Connection. We demonstrate the value of the peer voice from the executive leadership of a statewide California behavioral health organization.

The methods included storytelling, collaboration, & growing services through the peer perspective.

\*Participants will learn about the REaL Team Model using their lived experiences to provide and inform recovery services

\*Participants will learn the 4 components of systems change from a behavioral health care setting



## **Redefining Femininity As It Pertains to the African American Woman in the Lifestyle - Riverside A**

Ashley Tucker

Tia Jones

Redefining femininity as it pertains to the African American woman in the lifestyle

Ways to use strength-based confidence building to reduce harm as it pertains to sex-work

Addressing trauma in layers and accepting and normalizing survival tactics for women while strengthen their resolve to stay clean

Educating our Peers about self-regulation and self-crisis response

Deescalating aggressive behavior and role modeling successful ways to communicate trauma

Role modeling Collaboration.

Strengthening Emotional support in way fosters independence



# **bridges to change**

### **Creating Hope through Community**

Providing low barrier housing, mental health, & recovery support throughout the Tri-county and Wasco county areas.

**Join our team!**



**Contact Us**

(503) 465-2749

[bridgesttochange.com](http://bridgesttochange.com)



### **Our Mission**

We provide housing to those who need it most.

We support recovery through the lens of lived experience.

We promote well-being through behavioral health services.

We advocate for those who systems have ignored.

## **Peer Support in Indian Country - Riverside B**

Jim Wikel

Peer support can look different when working with Native peers in the sense that cultural practices are incorporated. The outcome should be an understanding of how cultural practices are incorporated into peer services.

## **Art Mindset - One Voice/Many Voices - Riverside C**

**3pm - 4:30pm**

## **Professional Ethics - Part 2 - Seaside A & B**

Emily Nelson, Mental Health & Addiction Association of Oregon

The code of ethics is an agreement and/or contract that behavioral health professionals in the substance use and mental health fields must sign as part of their certification. This training covers MHACBO's Code of Professional Conduct, ethics, boundaries, code of conduct, when ethics and morals collide and various scenarios.

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## **Diáspora Latinx: Hacia un Empoderamiento Narrativo y Práctico de Nuestra Salud - Riverside A**

Dra. Camila Gelpi-Acosta

Accessing mental health services for members of the Latinx community presents a variety of challenges due to multiple factors like: social and cultural stigma, lack of insurance, language barriers, lack of cultural and linguistic competent providers, issues around trusting institutions that provide mental health services, fears around accessing services due to residence status and experiences of racism and discrimination. This presentation will focus on providing a greater understanding of how mental health is seen from a broad Latinx cultural lens and the current barriers around accessing care. This presentation will also review the topic of self-care and mental health resilience for Latinx recovery mentors in the substance use disorder field.

## **Poetry Heals...and Anyone Can Do It! - Riverside B**

Doug Westberg

Zane Thomas

Workshop will present poetry games, forms, techniques, and principles, geared to the absolute beginner, that you can teach! We'll bring in humor and music to boot! Poetry heals trauma, builds self-confidence, facilitates self-disclosure and self-examination. It can reach into previously inaccessible interior places in a safe, fun, non-threatening way. We will write clerihevs and couplets, learn the power of metaphors, play games with homonyms and synonyms. Special guest rapper/activist Zane Thomas.

## **Arts in Health and the PSS Role - Riverside C**

Kasey Marsh

We are a diverse, rich community of humans healing, and helping other humans heal-- be it mental, physical, or spiritual. Each of us has something to offer. Something that calls out to someone in need. Something that stands for advocacy and inclusion. A voice that starts in us, becoming stronger as we join with others to reach far and wide. The collective voice is big, and it is vitally important as we progress through strength in numbers to champion our cause... but let us not forget the doors we can open for people in need by speaking in smaller, more isolated moments. The nuance of a whisper in a desperate moment, the impact of advocating for one person's chance at a path forward. The vulnerability in casting the first pebble to send out ripples. Each participant will use watercolor paint to complete a small painting, roughly 4"x4", inspired by the question: What color is your voice?

## **Advocacy: A Process for Your Passion - Necanicum East**

Richard Krzyzanowski

Using lecture and PowerPoint, this interactive training will assist advocates to thoughtfully and efficiently utilize various strategies to have the most impact, reduce mental health-related prejudice and discrimination, and advance advocacy goals, with a focus on useful skills and an understanding of the processes within which advocacy can be applied. Attention also is given to the qualities of a good advocate, and the value of collaboration with others to achieve common goals.

## **Building Up Leaders - Necanicum West**

Tiffany Atkinson

Leticia Longoria-Navarro

This workshop will feature tips on how to invest in your current peer support staff to ensure you are developing future leaders equipped to step into leadership roles at a moment's notice. How one agency cultivates shared leadership opportunities to empower staff at all levels of the organization to contribute to leadership. Including how to incorporate transparency to build a trusting relationship with staff and how to develop leadership for supervising peer support staff.

**5:30pm-7pm**

**Keynote Dinner - Andrea Alexander - Pacific Room**

**7pm-8pm**

**Recovery Meetings - Riverside A, B, & C**

**8pm-10pm**

**In-person Screening of "Tipping the Pain Scale" - Necanicum East & West**



**Tuesday, May 9th**

**8:30am-5:15pm**

**Registration and Help Desk open**

**8:30am-9:30am**

**Yoga with Kasey - Sand Dollar C & D**

**9am-9:30am**

**Grounding / Breathing Exercise Group with Kate Hill - Sand Dollar A & B**

**9:30am-11am**

**We the Women Empower - Seaside A**

Ann Kasper, MA, CPSS, Country Leader and HITOC Council Member

Women's mental health and addiction status is influenced by continual shifts in their psycho-biological statuses.

We will discuss peer support success in relation to the psychobiology of the three major stages in a women's life. We will examine how we as peer supporters can best assist women to empower themselves using personal inquiry, international psycho-social findings, and psychobiology.

All are welcome to join whether identifying as living in a woman's body or not.

**Ética Profesional en Español - Parte 2 - Seaside C**

Ricardo Verdeguez

Jose Luis Garcia

El código de ética es un acuerdo y/o un contrato que los profesionales de la salud conductual del áreas de uso de sustancias y salud mental tiene que firmar como parte de su certificación. Este entrenamiento cubre, el lenguaje claro y preciso, que establece cuál es el comportamiento, valores y los principios éticos, qué se espera de los profesionales, pares, mentores y las personas del área clínicas . También hablaremos de cómo nuestra cultura y valores personales pueden impactar el código de ética y de estrategias para asegurarnos que estemos al nivel con los estándares del código de ética.

## **DDA Impact & How It Fits Peer Support - Riverside B**

Doyal Smith, Executive Director

Carolyn Persang

Informational Overview and timeline of Dual Diagnosis Anonymous of Oregon and global impact of DDA during the Covid 19 lockdown. This workshop will discuss the impact of DDA and the need for continuation of online services. Workshop participants will experience a worldview of a twelve-step model in the academic realm of importance.

## **Passion and Vision: Keys to a successful Peer Program - Riverside C**

Erik Henriquez

PWI Clinical Manager

You have an undeniably great idea for a new peer support program—now what? Join Erik, Nico, and Brittany to discuss the basics of developing and launching a pilot program. We'll talk identifying community need, determining solutions, establishing partnerships, securing funding, program launching, and evaluating the effectiveness of our work. The programs discussed center hospital-based and jail-based peers, and may be most useful to others working with these groups.

## **Mitigating the Digital Divides Impact on Peers: Sharing 12-months of the Tech@Hand Program - Necanicum East**

Puja Deverakonda, Special Projects Manager

Tech@Hand is a peer-run program developed with the San Francisco Department of Public Health to reduce barriers to mental health support by increasing access to technology. We'll share how to support peers (we've focused on youth age 16-26 and transgender adults) to get online and/or use technology for mental wellness - as they define it. Up and running since April 2022, we're eager to share our early learnings with peer advocates around the country.

## **Trauma Related: Healing Separately to Health Together - Necanicum West**

Roman Becerra, Pathway Home Case Manager

Bobbie Becerra, Author | Speaker | Storyteller

In this workshop, siblings Roman and Bobbie Becerra discuss the effects of growing up in an abusive home where substance use was not only practiced, but encouraged as a way of managing life. This discussion goes beyond review of strategies for individual recovery to include what mental and spiritual shift helped them in supporting each other as they worked to heal both separately and together.



# Begin Recovery. Build Community.

**Building health and recovery  
through compassionate,  
evidence-based care.**

CODA, Inc., founded in 1969, is one of Oregon's largest not-for-profit substance use treatment programs. We are dedicated to treating people whose health and quality of life are compromised by drugs and alcohol.

- **Low-barrier, rapid access to treatment, including medications**
- **Ten different sites in:** Multnomah, Washington, Clackamas, and Clatsop Counties
- **Residential, outpatient, DUII, Drug Court, prenatal, and intensive outpatient treatment**



## 11:30am-1pm

**Art Mindset - One Voice/Many Voices - Pacific Room**

## 1pm-2:30pm

**Professional Ethics - Part 3 - Seaside A & B**

Emily Nelson, Mental Health & Addiction Association of Oregon

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## **Ética Profesional en Español - Parte 3 - Seaside C**

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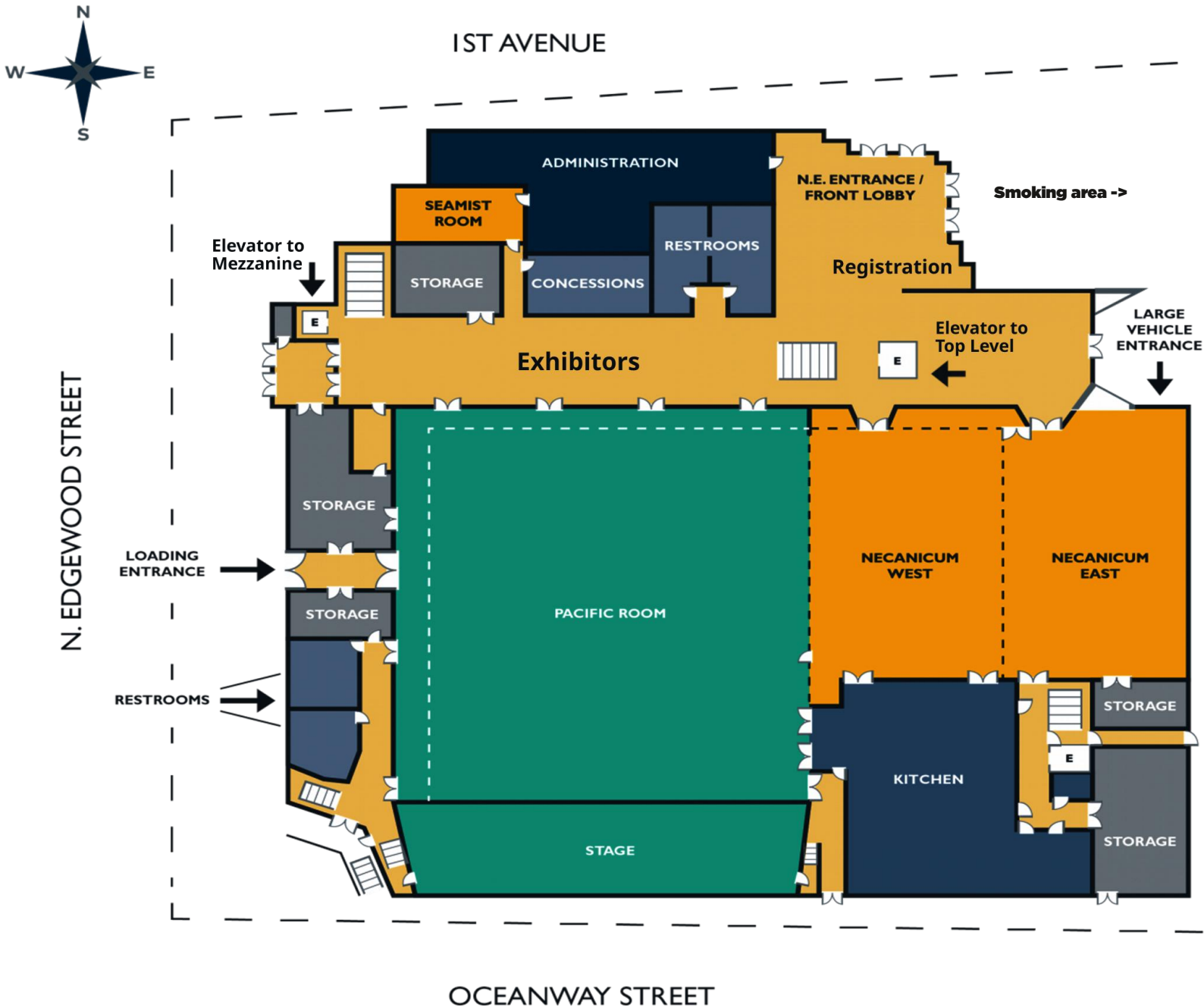
## **Identity Crisis!? Understanding Peer Values, Identity, and Reality**

Nicole Thompson, BHRC Coordinator

Discussions on diversity and difference can be uncomfortable—but it's critical we grow our understanding on social identities so we can be confident in partnering with any peer. Join us in this unique "Single Choice" exercise, meaning participants must make a single choice in response to pointed questions that best represent their values, identity, and reality. In doing so, we bring to light our conscious, sub-conscious, and physical similarities and differences. What will you choose?

# SEASIDE CIVIC AND CONVENTION CENTER

## MAIN LEVEL FLOOR PLAN



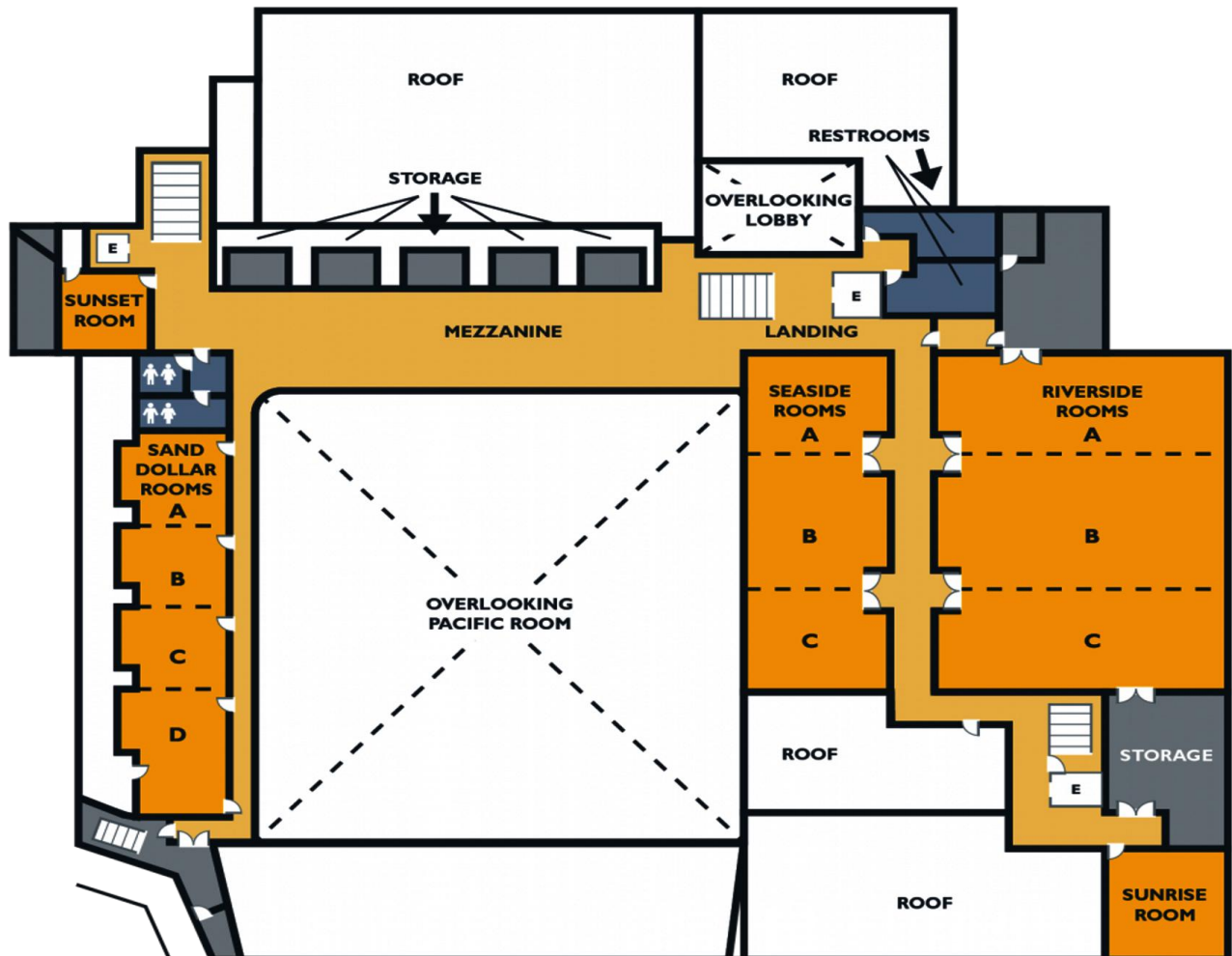
### Wellness and Sensory Room, Sunset Room

The Wellness Room is available from 9:00 AM to 5:00 PM on Monday, Tuesday, Wednesday, and Thursday for any attendees who would like to get away from the noise and crowds of the conference. Sensory kits may be checked out from the help desk.

## Mothers' and Children's Room - Sunrise Room

A room has been provided for nursing mothers and parents with young children. Toys are available and viewing screens for workshops and keynotes will also be available for parents who would still like to participate.

# SEASIDE CIVIC AND CONVENTION CENTER UPPER LEVEL FLOOR PLAN



## **The Link Between Chronic Pain and Trauma - Riverside B**

Michelle Cradit, Training Program Manager

Cindie DeMyer Training Coordinator

Building compassion and empathy by expanding knowledge and understanding of how trauma can both induce and exacerbate chronic pain. The desired outcome is to strengthen our support skills in remaining non-judgemental, removing expectations, and addressing barriers to recovery opportunities for our peers in a trauma informed manner that acknowledges there ARE some very real challenges that can have significant and lasting impact on individuals with trauma histories.

## **B.I.T.C.H. "Being Informed of Trauma while Communicating Honestly" - Riverside C**

Kasey Edwards Snider

Presenting tools for being trauma informed honestly to build real relationships, without placating or preventing people from knowing what they need to know to succeed at their goals. There's been a shift with so many new people entering the workforce around the way trauma informed care is being practiced, I am seeing a lot of peers & professionals afraid to talk about what needs to be and not knowing how too. Explore- Communication styles, Why/How/when

## **Narrative Disruption- Storytelling for Change - Necanicum West**

Joseph Green

Narrative Disruption is the craft of personal, organizational, and societal transformation through stories of lived experience. In this session, participants will explore the transformative power of storytelling as a means for leadership development, team building, and communicating personal and organizational values. Participants will learn the basic structure of value-centered storytelling while being introduced to the evidence-based Schwartz Values Model through the R1 Learning Discovery Cards.

**3pm-4:30pm**

## **Professional Ethics - Part 4 - Seaside A & B**

Emily Nelson, Mental Health & Addiction Association of Oregon

The code of ethics is an agreement and/or contract that behavioral health professionals in the substance use and mental health fields must sign as part of their certification. This training covers MHACBO's Code of Professional Conduct, ethics, boundaries, code of conduct, when ethics and morals collide and various scenarios.

\* CEU's qualify for MHACBO certification requirements. Must complete all four parts.

## **Ética Profesional en Español - Parte 4 - Seaside C**

Ricardo Verdeguez

Jose Luis Garcia

El código de ética es un acuerdo y/o un contrato que los profesionales de la salud conductual del áreas de uso de sustancias y salud mental tiene que firmar como parte de su certificación. Este entrenamiento cubre, el lenguaje claro y preciso, que establece cuál es el comportamiento, valores y los principios éticos, qué se espera de los profesionales, pares, mentores y las personas del área clínicas . También hablaremos de cómo nuestra cultura y valores personales pueden impactar el código de ética y de estrategias para asegurarnos que estemos al nivel con los estándares del código de ética.

## **Relational Wisdom: How ALOHA Informs Our Peer Support Work - Riverside A**

Tiffany Darragh, Youth Partner Lead

Kimberly Nabarro, Parent Partner

As Peer Supporters our work, at its heart, is relational work. We may have set structures and concrete goals, but how we relate to each other is foundational to successful outcomes. The Hawaiian culture is steeped in relational wisdom. At EPIC `Ohana that wisdom guides our work with families, service providers, and each other. In this workshop we will share the meaning of Aloha and how its universal truth can enhance your working relationships too.

## **Peer Supervision: What Happens When We Don't Have It - Riverside B**

Tiffany Cogswell

Peer Supervision is an OHA requirement for billing of Peer Services. There is little to no requirement to do Peer Supervision and no required training. This leaves it open for interpretation and manipulation of systems. We will go over the experience of coming into a workforce of 20, across 7 programs in HHS, the many down falls to not having a Peer supervisor, how to navigate them and how to protect the Peer movement.

## **Relationship Mapping and Data Visualization for Storytelling: An Advocacy Accelerator - Riverside C**

Laura Rose, Presenter

For fast insights to see who's at the table, and who should be. Relationship maps with data visualization afford better storytelling for better advocacy and better lives. See examples of the applications for advocacy in the Peer Movement. Learn strategies, tools, and concepts.

## **Narrative Disruption- Storytelling for Change - Necanicum West**

Joseph Green

Narrative Disruption is the craft of personal, organizational, and societal transformation through stories of lived experience. In this session, participants will explore the transformative power of storytelling as a means for leadership development, team building, and communicating personal and organizational values. Participants will learn the basic structure of value-centered storytelling while being introduced to the evidence-based Schwartz Values Model through the R1 Learning Discovery Cards.

**5:30pm-7pm**

**Keynote Dinner - Jamie Works-Wright / Peer Leader of the Year Awards - Pacific Room**

**7pm-8pm**

**Recovery Meetings: Hearing Voices Group with Kate Hill, Dual Diagnosis Anonymous - Riverside A, B, & C**

**8pm-10pm**

**Peerpocalypse Got Talent Emceed by Joseph Green - Necanicum East & West**

**InterCommunity Health Network Coordinated Care Organization (IHN-CCO)  
is proud to be supporting Peers and our community partners  
in Benton, Lincoln, and Linn counties.**

Thank you for your work for members in our communities:

- ◆ Benton County Health Department
- ◆ Communities Helping Addicts Negotiate Change Effectively (C.H.A.N.C.E.)
- ◆ Corvallis Daytime Drop-in Center
- ◆ Crossroads Community
- ◆ Disability Equity Center
- ◆ Family Assistance & Resource Center Group
- ◆ Family Tree Relief Nursery
- ◆ Lincoln County Health & Human Services
- ◆ Linn County Health Services
- ◆ One2Another
- ◆ Oregon Family Support Network
- ◆ Pathfinder Clubhouse
- ◆ Project Bravery: Olalla Center
- ◆ ReConnections Counseling
- ◆ Trillium Family Services

**InterCommunity   
Health Network CCO**

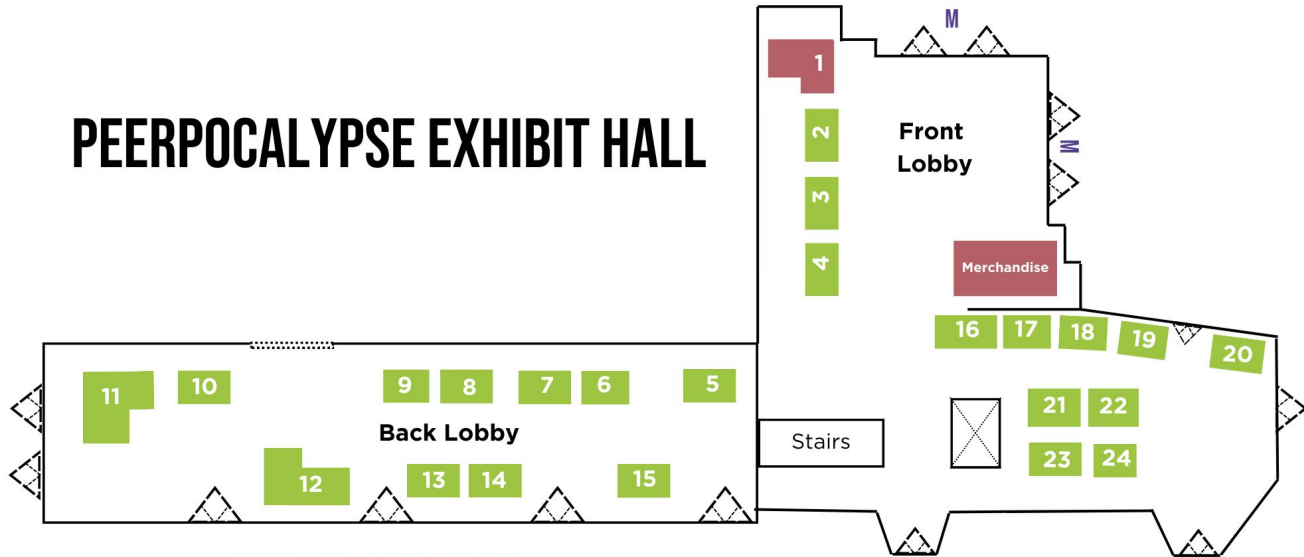


# PEERPOCALYPSE

MAY 8TH - 11TH, 2023

- M Main Entrance
- △ Doorway
- ⋯ Concession Stand

## PEERPOCALYPSE EXHIBIT HALL



**KEYNOTE PRESENTATIONS**  
Pacific Room

### Upstairs in the Mezzanine

- 25 26 27 28
- 29 30 31

# PEERPOCALYPSE

MAY 8TH - 11TH, 2023

## EXHIBITORS:

### Downstairs:

1. Help Desk & Registration
2. MHA AO, PeerZone, & Project PEER
3. Oregon Recovers
4. CareOregon & Columbia Pacific CCO
5. Mental Health & Addiction Certification Board of Oregon (MHACBO)
6. Central City Concern
7. Association of Oregon Community Mental Health Programs (AOCMHP)
8. The Rafael House of Portland
9. Transcending Hope
10. Play Intuit
11. Microcosm Publishing & Distribution
12. Signs of Hope
13. Quest Center for Integrative Health
14. American Family Insurance
15. Bridges to Change
16. Bridgeway Recovery Services
17. Portland Street Response

18. InterCommunity Health Network CCO
19. Oxford House
20. R1 Learning
21. Bipolar Game Changer
22. Oregon Health Authority Problem Gambling Services & Voices of Problem Gambling Recovery
23. PeerGalaxy
24. Iron Tribe Network

### Upstairs:

25. Tennessee Mental Health Consumers' Association
26. Nepenthe Lab
27. Dual Diagnosis Anonymous
28. Twelve6 Strategies, Inc.
29. The Alano Club of Portland: PeerConnect & The Recovery Gym
30. Wellness Health Careers
31. Oregon Warmline

**Wednesday, May 10th**

**8am-8:30am**

**Zumba with Greg - Necanicum West**

**8:30am-5:15pm**

**Registration and Help Desk open**

**8:30am-9:30am**

**Yoga with Kasey - Sand Dollar C & D**

**9am-9:30am**

**Grounding/Breathing Exercise Group with Kate Hill - Sand Dollar A & B**

**9:30am-11am**

**Zumba: Leveling the Playing Field in a Behavioral Health Setting - Seaside A, B, & C**  
Greg Parnell

In this Fun, informative Workshop, Participants will see how Crestwood added Zumba as a Foundational Wellness Tools & how adding Zumba to a Program or personal Wellness Toolbox can support Celebrating Culture & Diversity, Foster Physical, Spiritual & Emotional Wellness as well as create Community, Connection & Inclusion.

Participants will see how Zumba can be used as a Wellness Tool to address anxiety, stress, depression and raise self-esteem. Lower the risk of physical ailments.

**Si estoy bien YO, estaras mejor TU! - Riverside A**

Myrna Lidia Garcia

Te invitamos a explorar desde un proceso Innovador de género rompiendo estructuras: Desde el autoconocimiento como primer acto, para la relación sana consigo misma, que por ende refleja nuestra interacción en los diversos ámbitos ( pareja, crianza, familia, trabajo); así como la deconstrucción de los roles y estructuras que como mujer impactan nuestra vida personal y social. Cuestionando sentimientos, etiquetas y lo que estás nos generan.

## **Peer Mentoring for Disordered Gambling - Riverside B**

Kitty Martz, CGRM, CGACII, Executive Director

Brandie Lyday, LMFT, CGACII, CADCI, Treatment Program Development Analyst

Are you able to identify disordered gambling in the folks you serve? Those with mental health and/or substance use issues are more at risk to develop gambling problems. This workshop will give you tools to identify risky gambling behavior, understand gambling as an addictive process, and how to apply substance use and mental health lived experience to people experiencing disordered gambling behavior.

## **Peer Leading Crisis Support - Riverside C**

Janavi Dhyani, Director of Operations (she/her)

Rachel Harris, Crisis Program Coordinator

This session will explore the successes and challenges of the Berkeley Drop-Ins BIPOC Peer Led Crisis Services and Respite team. This presentation will educate about why Peers are best equipped to respond to mental health crises, and why such interventions are effective in reducing instances of involuntary holds, hospitalization, and incarceration. This session will also include key areas of training necessary for appropriate Peer-led crisis intervention, for other programs interested in providing similar services.

## **Creating Regulation and Resilience in Our Own Lives - Necanicum East**

Leticia Longoria-Navarro, Executive Director

Before we can help others to create their own regulation and resilience, we have to know how to create ours. In this workshop we will focus on the power of tuning in to ourselves and our internal wisdom so we can be better prepared to do this important peer work. Presenters will share the 3R's, research-supported resiliency builders that can help us reclaim our balance and focus so that we can be effective and impactful.

**IT'S ALL  
HERE**

INTERNAL MOBILITY OPPORTUNITIES.  
VALUE ON LIVED EXPERIENCE.  
PEERS & MENTORS AS AN INTEGRATED PART OF SERVICES.

**CENTRAL CITY CONCERN**  
HOMES HEALTH JOBS

**TO SEE OPEN POSITIONS AND CONNECT WITH A RECRUITER,  
VISIT CENTRALCITYCONCERN.ORG/ITSALLHERE**

## **Living Our Values Around Suicide: A Peer-Run Warmline approach to Supporting Callers - Necanicum West**

Sarah Jean Flynn, Director of Warm Line Programs

Sherrel Cross, Warm Line Manager

Although not a crisis line, California's statewide 24/7 Peer Run Warm Line does sometimes receive calls from people needing crisis support. In a flawed mental health system that over-relies on police intervention, we set out to explore support for suicidal callers based in peer values.

This workshop will provide an overview of the year-long, peer-centered process we developed to craft a suicide intervention model that honors the dignity and self-determination of our consumers.

**11:30am-1pm**

**Keynote Lunch - Kells Perry - Pacific Room**

**1:30pm-3pm**

**Tapping Into Our Resilience By Raising Our Vibrations - Seaside A & B**

Michelle Markus

Molly Griggs

In this workshop, we will be tapping into our own resilience by exploring our authentic truths and passions together. We are energetic vibrations and, as we engage in recovery, our vibrations are naturally impacted. We will take a multi-dimensional perspective on wellness, including discussing SAMHSA's Eight Dimensions of Wellness. Participants will learn how to implement healthy tools in their daily lives. As we dig into this exploration, we will find more love, joy and resilience. By sharing our own stories and the tools that we have found helpful, we will learn and grow together in this interactive session. We will also be doing activities to explore how we can impact our vibrations. This workshop is light, accessible and full of tips and tools that can be utilized daily. Be ready to grow together and have fun!

**Tráfico Sexual: Factores de Riesgo y las Vulnerabilidades del Tráfico Sexual**

Lorena De Garay

Karla Juarez

En esta presentación aprenderemos más sobre la dinámica del tráfico sexual. Hablaremos sobre los factores de riesgo y las vulnerabilidades del tráfico sexual. También hablaremos de cómo el tráfico sexual impacta a familias a través de generaciones y comunidades. También hablaremos sobre los mitos del tráfico y cómo apoyar a sobrevivientes.

## **Human Rights, Do Those You Support Have Them - Riverside B**

R Drake Ewbank

This is a presentation, personal history, and a facilitated discussion about how the peer movement was started and how over time, its mission has been affected by the dynamics of its interactions with a clinical system.

This presentation compares past, present, and the near and distant future and how rights issues, definitions of work, and sanity in the culture evolve, and can be understood in terms of the role of trust to provide support.

## **Peers in Cyberspace? Yes, Now. - Riverside C**

Ann Kasper, MA, CPSS, Country Leader and HITOC Council Member

We will discuss pros and cons and history of digital and technological tools used in mental health and addictions. We will examine the implications of digital rights and the proactive steps our community can take to ensure best care and rights for all.

The benefits and warnings of the usage of new technologies will be examined. These include as Artificial Intelligence (AI), Blockchain medical record keeping, and data from mental health and addiction prevention apps.

## **3:30pm-5pm**

### **Peer Employment Expo - Pacific Room**

### **Committment to Change - Round Table - Civil Comittment in Oregon - Seaside A, B, & C**

Janie Gullickson, Mental Health & Addiction Association of Oregon

### **OCAC Presentation - Riverside A**

R Drake Ewbank

Israa Haina

### **From Prisons to Communities: Confronting Re-entry Challenges and Social Inequality - Riverside B**

Ricardo C Olalde

Mario Cardenas

When someone leaves prison, especially those from marginalized communities African American, Latino and Native American have a high likelihood they will either be arrested or put back in Jail. Learn more about personal stories and culturally specific strategies on how to create support for marginalized individuals recently released from Jail, with a focus on working with the Latino Community.

7pm-8pm

Recovery Meetings: Hearing Voices Group with Kate Hill, Dual Diagnosis Anonymous -  
Riverside A, B, & C

8pm-10pm

# MAD HATTER DANCE PARTY - NECANICUM EAST AND WEST



**Thursday, May 11th**

**8am-8:30am**

**Zumba with Greg - Necanicum West**

**8:30am-5:15pm**

**Registration and Help Desk open**

**9am-9:30am**

**Grounding/Breathing Exercise Group with Kate Hill - Sand Dollar A & B**

**9:30am-11am**

**5 Dimensions of Recovery Capital - What am I Doing to Sustain my Recovery - Seaside A & B**

Tom Karl, Founder, CEO

This workshop will spark meaningful conversations, initiated by self-discovery, that increase connection, expression, choice, action, & change. Connecting & sharing experiences is foundational to recovery & personal growth. R1 Learning's interactive curriculum "connects the dots" to engagement with leading evidence-based & best practice topics and models that engage individuals on a journey of self-discovery. Learning to tell your story through the lens of these topics, R1 helps peers transform their lived experience into lived expertise.

**Getting a Job and Getting My Power Back - Seaside C**

lori ashcraft, Director, Resilience Inc.

rita cronic

We will describe our vision and practice of training and hiring peers who are on conservatorship to be peer support specialists. This project is being rolled out in five sites. Rutgers Univ. is carrying out the program evaluation. We will share the five reasons why employing Peer Specialists in unprepared settings has not yielded optimal results, and will describe the approach used to overcome them. Peer Specialists participate in a paid three-month (100 hours) internship.



## **El conocer mis creencias me permite hacer los cambios desde el punto de vista de la Psiconeuroinmunología - Riverside A**

Stefania Regal

Rigoberto Contreras

Es importante conocer nuestras creencias porque son pensamientos que guían nuestra vida. Si nos cuesta cambiar actitudes no saludables puede que existan creencias sosteniendo ese comportamiento. Esta conferencia le permitirá identificar de sus necesidades y su posterior trabajo. Los servicios tradicionales no siempre funcionan con hispanohablantes porque son narradores. Así se sienten escuchados, por eso comparten sus historias, para crear esa relación de confianza y respeto. Los mentores juegan un papel importante en el tratamiento.

## **Supporting The Supporters - Riverside B**

Adrienne Scavera, Training and Outreach Director

Ariana Alvarado, Project Coordinator

Michelle Markus

Being a part of the peer-delivered services workforce can be both incredibly rewarding and challenging. In this session, we'll learn about available resources and opportunities to support the emerging and current peer-delivered services workforce. We will explore wellness and community-building tools like Peer Support and PeerZone for Peer Support Specialists, in addition to a workforce entry program which provides certification training, experiential learning hours, and stipends.

## **The Latitude of Language: Coordinating a Path to Wellness - Riverside C**

Katie Wilson, Director of Operations

Joanie Keenen

When we pay close attention to our language, our messages of hope, recovery resilience and wellness can expand our horizons. When these connections happen, we see possibilities. How can we use language? We will explore the power of language in peer practice and how it lays the direction for a recovery/wellness journey.

- Explain how intentional messages guide recovery/wellness environments
- Describe 3 ways to find empowerment, mutuality, and self-determination
- Identify 2 practices that create connection





**Partners in Policy Making: OHA's Office of Recovery & Resilience - Necanicum East**

Brandy Hemsley  
Nikobi Petronelli

Did you know that OHA Behavioral Health has an entire team dedicated to lived experience engagement and peer delivered services? The Office of Recovery and Resilience (ORR) ensures that the voices of lived experience shape all aspects of our behavioral health system. Workshop participants will meet the ORR team, hear about our work, and learn about ways to get involved and make YOUR voice heard in the development and implementation of behavioral health policy.

**11:30am-1pm**

**Keynote Lunch - Matt Taufetee - Pacific Room**

**1:30pm-3pm**

**Employment Expanding Outcomes Building Success - Seaside A & B**

Regina Kaiser  
Ruth Gonzales

Work is an essential step on the pathway to Recovery. Supported Employment Evidenced-Based Practices promote the belief that everyone with mental health challenges is capable of working competitively in the community. We will provide approaches to employment that can be used in a variety of settings to help individuals reach their dreams of employment.

Participants will be able to

- Name four techniques, strategies, or skills to help someone achieve employment.



## **Salud Mental y La Comunidad Latina - Riverside A**

Maide Almeida

Esta presentación busca identificar los espacios de encuentros y desencuentros entre la narrativa de reducción de daños -promovida en muchos espacios metropolitanos en EE.UU.- y la narrativa de abstinencia -promovida en EE.UU. y también en nuestros países latinoamericanos. Empezaremos explorando el consumo de drogas (y alcohol) en Latinoamérica y en EE.UU. desde una perspectiva histórica, porque nuestros países no tienen los mismos problemas cuando se trata de drogas, y porque tenemos trayectorias de políticas de drogas (y por ende percepciones del uso de drogas) que intersecan la fallida guerra contra las drogas declarada en 1971 en los EE.UU. De ahí nos moveremos a la consolidación contemporánea de las narrativas de abstinencia y reducción de daños tanto en nuestros países latinoamericanos como en EE.UU., y a su aplicación en comunidades Latinx en EE.UU. Es precisamente en la aplicación de estas narrativas a nuestras comunidades donde nos encontramos y desencontramos. Trágicamente, los desencuentros se traducen en vulnerabilidad. He aquí el corazón de esta presentación. En esta presentación propongo, precisamente, aprender de nuestros encuentros y desencuentros para diseñar e implementar intervenciones orgánicas a nuestras comunidades que efectivamente ayuden a evitar enfermedades y sobredosis en nuestras comunidades.

## **The Hearing Voices Movement - Riverside B**

Kate Hill

Over the last three decades, an exquisite body of knowledge has been gaining momentum. One that is based in both science and lived experience. It has brought hope and inclusion to so many who experience voices, visions and extreme states of consciousness.

In this workshop I will cover the basics of the Hearing Voices approach, including history, philosophy and group facilitation. Attendees will gain general knowledge of the Hearing Voices Movement and it's basic philosophies.

## **What Do You Need in Supervision - Necanicum East**

Allison Harden, MS, CPFS, NCPRSS, RCPF, Chief Engagement Officer

Megan Marx, MPA, NCPRSS, Director of Integrated Care

Janie Gullickson, Executive Director, MHA AO

As the model for peer delivered services evolves, so too does the application and delivery of peer supervision. Join us to learn more about:

- What models are used to provide peer supervision in different settings
- What to expect from peer supervision
- How effective peer supervision enhances professional growth

We will work in 1:1, small group, and full group discussion formats, please come prepared to share your experience and ideas about supervision!

## **Harm Reduction Works: An Untraditional Recovery Path - Necanicum West**

Tiffany Cogswell

HRW is a structured 60-90 scripted meeting. This model was coined by pioneers in the harm reduction field, from the east coast. Their model follows values and principles from North America's only legal and safe injection sight. In this workshop we will go over the script of HRW, values and principles of harm reduction, statistics, fears/questions that come up when put into practice along with troubleshooting and practicing these hard conversations.

**3:30pm-5pm**

## **Oregon Housing and Community Services Listening Session - Seaside A, B, & C**

Adrienne Scavera, Training and Outreach Director

## **El Juego Patológico y Las Substancias - Riverside A**

Cipriano Juarez

Carlos Vazquez

Our gambling presentation, it's about informing and raising awareness about: 1. Gambling Warning Signs. 2. Impacts of gambling 3. Cycle of gambling addiction 4. Types Of Gambling/Games and responsible gambling. Informing attendees of resources and where to enroll for gambling services. Allow attendees to share personal gambling experiences and of other people's experiences regarding gambling pros and cons.

Encouraged attendees to inform friends and loved ones where to get free/confidential gambling services.

# WE'RE IN THIS TOGETHER

Kaiser Permanente is proud to support MHA AO's work as an inclusive, peer-run organization dedicated to self-directed recovery and wellness for all, while honoring the voice of lived experience.

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All plans offered and underwritten by Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232. ©2023 Kaiser Foundation Health Plan of the Northwest

## **Journey from Peer Provider to Certified Medi-Cal Peer Support Specialist - Riverside B**

Lisa-Sun Gresham, Associate Director of Peer Services

Leticia McCoy, Program Manager of Family Services

MHASF presents the emergent results of the Marin Peer Support Specialist Program to inform our community of successes, growing edges, and barriers faced at a County level due to (SB) 803 Medi-Cal Peer Support Specialist new provider type. Via facilitated Peer & Family Support Specialist Panel Discussion audience members will ask questions, engage in small group dialogue, and brainstorm sustainable structures/ supports that uplift our lived/living experience, choices, and peer professional culture in their communities.

## **Unionizing the Peer Workforce: Advocating Peer Support for Peer Supporters Nationally - Riverside C**

Mitchell Sherman, CPS

## **Motivational Leadership - Supervising Lived Experience Workforce to Achieve Outcomes - Necanicum East**

Hayley Winterberg - Executive Director

Join us for an interactive session on how to provide optimal supervision for your Peer and Family Support staff that will help your program deliver extraordinary outcomes. This is designed for seasoned supervisors, new supervisors and those inspiring to be supervisors. The mixture of experiences helps make a more dynamic class experience.

## **Supporting Minority Colleagues to Strengthen Culturally Specific Services - Necanicum West**

David Burnell CADC,PSS, CRM

To bring awareness to the struggles that ethnic minorities have working within addiction and mental health agencies. Conveying the effects of individualistic peer to peer interactions as well as agency operational systems and policies that directly impact minorities in the workplace. Through this understanding, creating space that allow those colleagues to work hand in hand with peers and administration to create a work environment that has both equality and equity. Thus strengthening diversity centered services.

# We help kids soar

Pediatric care now available at Providence Seaside Clinic



## Looking for a pediatrician?

Providence Seaside Clinic is accepting new pediatric patients.  
Call 503-717-7060, option 1 to schedule an appointment.

A large yellow notepad graphic with five black spiral rings at the top. The notepad has ten horizontal white lines for writing and a small white tab at the bottom right corner.



# NATIONALLY ACCREDITED PEER WELLNESS SPECIALIST TRAINING



## WHAT IS A PEER WELLNESS SPECIALIST?

The role of the Peer Wellness Specialist (PWS) is to provide peer support, encouragement, and assistance to address physical and mental health needs using working knowledge of active wellness resources.

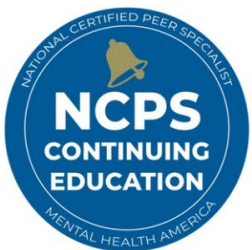
## SIGN UP FOR TRAINING!

Each training session comprises of 80 hours of mandatory classroom instruction, in-person or online, with some at-home assignments. Each session costs \$1,100, due at the time of application submission. Applications are reviewed on a first-come, first-served basis, so sign up today! Scholarship resources are limited but available.



Scan the QR code to learn more about upcoming training sessions and tuition assistance opportunities, or visit

<http://bit.ly/3ZQhiS8>



MHA/O's PWS is state-approved as a Peer Wellness Specialist (Adult Mental Health or Addiction) certification training through the Oregon Health Authority. Recognized through the Mental Health and Addiction Certification Board of Oregon as CRM-eligible training, and is credentialed through Mental Health America as a National Certified Peer Specialist-approved training, also recognized as CEU training through NADAAC.



# reJoin us for next year for PEERPOCALYPSE

MAY 6TH - 9TH, 2024

apocalypse (Ancient Greek: ἀποκάλυψις apocálypsis, from ἀπό and καλύπτω)  
A disclosure of knowledge, hidden from humanity in an era dominated by  
falsehood and misconception, i.e., a lifting of the veil or revelation.

# Our 2023 Sponsors:

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